



SHARE FOOD, SHARE LOVE®

NFL/CORP/2021/86

August 11, 2021

FORM-29

**The General Manager**  
**Pakistan Stock Exchange Limited,**  
Stock Exchange Building  
Stock Exchange Road  
Karachi-74000

Subject: **Disclosure of Interest by a Director CEO, or Executive of a Listed Company and their Spouses and the Substantial Shareholders u/s 5.6.4 of PSX Regulations**

Dear Sir,

We have to inform you that following transaction(s) have been executed by the Executive in shares of the Company, details of which are hereunder: -

Details of Transactions							
S.No.	Name of Executive	Date	Nature	No. of Shares	Rate (Rs.)	Form of Share Certificates	Market
1.	Mr. Badar Yousuf	09-08-2021	Buy	1500	230.00	CDC (Electronic)	Open Market

We confirm that the said transaction(s) will be presented in the subsequent board meeting including duly highlighted the non-compliance(s), if any, for their consideration as required under clause No. 5.6.4 of PSX Regulations and confirm the same to the Exchange.

We further confirm that holding period for the transaction(s) is over six (06) months and in case it is within six (06) months, the cheque equivalent to the profit shall be deposited with SECP as required under section 105 of the Securities Act, 2015 under intimation to PSX.

Thanking you,

Yours faithfully,  
FOR NATIONAL FOODS LIMITED

**FAZAL UR REHMAN HAJANO**  
COMPANY SECRETARY

**CC:**

- (1) The Director, Securities Market Division, Securities & Exchange Commission of Pakistan Islamabad.
- (2) Head of Operations, Central Depository Company of Pakistan Ltd., Karachi.
- (3) Registrar, Central Depository Company of Pakistan Ltd., Karachi