

NFL/CORP/2022/170

August 31, 2022

FORM-1

The General Manager,

Pakistan Stock Exchange Limited,
Stock Exchange Building,
Stock Exchange Road,
KARACHI.

SUBJECT: BOARD MEETING

Dear Sir,

This is to inform you that the meeting of the Board of Directors of the Company will be held on Thursday, September 08, 2022 at 03:00 p.m. at Company's Corporate Office situated at 12/CL-6, Claremont Road, Civil Lines, Karachi to consider the Annual Accounts for the period ended June 30, 2022.

The Company has declared the "Closed Period" from September 01, 2022 to September 08, 2022 as required under Clause 5.6.4 of Pakistan Stock Exchange Regulations. Accordingly, no Director, CEO or Executive shall, directly/indirectly, deal in the shares of the Company in any manner during Closed Period.

You may please inform the TRE Certificate Holders of the Exchange accordingly.

Thanking you,

Yours faithfully,

FOR NATIONAL FOODS LIMITED

(FAZAL UR REHMAN HAJANO)

COMPANY SECRETARY