

October 6, 2022

NFL/CORP/2022/187

FORM-29

The General Manager
Pakistan Stock Exchange Limited,
Stock Exchange Building
Stock Exchange Road
Karachi-74000

Subject: **Disclosure of Interest by a Director CEO, or Executive of a Listed Company and their Spouses and the Substantial Shareholders u/s 5.6.4 of PSX Regulations**

We have to inform you that following transaction(s) have been executed by Mrs. Mariam Ehsan Ali Malik (spouse of Mr. Ehsan Ali Malik- Director) in shares of the Company, details of which are hereunder: -

		Details of Transactions					
S.No.	Name of Person with Description	Date	Nature	No. of Shares	Rate (Rs.)	Form of Share Certificates	Market
1.	Mariam Ehsan Ali Malik	05-10-2022	Sale	7,000	134.77	CDC	Open Market
Total				7,000			

We confirm that the said transaction(s) will be presented in the subsequent board meeting including duly highlighted the non-compliance(s), if any, for their consideration as required under clause No. 5.6.4 of PSX Regulations and confirm the same to the Exchange.

We further confirm that holding period for the transaction(s) is over six (06) months and in case it is within six (06) months, the cheque equivalent to the profit shall be deposited with SECP as required under section 105 of the Securities Act, 2015 under intimation to PSX.

Thanking you,

Yours faithfully,

**FOR AND ON BEHALF OF
NATIONAL FOODS LIMITED**


**FAZALUR REHMAN HAJANO
COMPANY SECRETARY**

CC:

1. Executive Director/HOD, Offsite-II Department, Supervision Division, Securities & Exchange Commission of Pakistan, Islamabad.
2. Head of Operations, Central Depository Company of Pakistan Ltd., Karachi.
3. Registrar, CDC Share Registrar Services Limited., Karachi.