

NFL/CORP/2022/189

October 12, 2022

FORM-1

The General Manager,
Pakistan Stock Exchange Limited,
Stock Exchange Building,
Stock Exchange Road,
KARACHI.

SUBJECT: BOARD MEETING

Dear Sir,

This is to inform you that the meeting of the Board of Directors of the Company will be held on Thursday, October 20, 2022 at 12:00 p.m. at our Corporate Office situated at 12/CL-6, Claremont Road, Civil Lines, Karachi to consider the 1st Quarterly Accounts for the period ended September 30, 2022.

The Company has declared the "Closed Period" from October 13, 2022 to October 20, 2022 as required under Clause 5.6.4 of Pakistan Stock Exchange Regulations. Accordingly, no Director, CEO or Executive shall, directly/indirectly, deal in the shares of the Company in any manner during Closed Period.

You may please inform the TRE Certificate Holders of the Exchange accordingly.

Thanking you,

Yours faithfully,
FOR NATIONAL FOODS LIMITED



(FAZAL UR REHMAN HAJANO)
COMPANY SECRETARY

