



SHARE FOOD, SHARE LOVE®  
November 03, 2022

NFL/CORP/2022/205

FORM-29

**The General Manager**  
**Pakistan Stock Exchange Limited,**  
Stock Exchange Building  
Stock Exchange Road  
Karachi-74000

Subject: **Disclosure of Interest by a Director, CEO, or Executive of a Listed Company and their Spouses and the Substantial Shareholders u/s 5.6.4 of PSX Regulations**

Dear Sir,

We have to inform you that following transaction(s) have been executed by Mr. Zahid Majeed- Chairman/ Director in shares of the Company, details of which are hereunder: -

		Details of Transactions					
S.No.	Name of Person with Description	Date	Nature	No. of Shares	Rate (Rs.)	Form of Share Certificates	Market
1.	Zahid Majeed	02-11-2022	Buy	200	120.02	CDC	Open Market
2.	Zahid Majeed	02-11-2022	Buy	200	120.89	CDC	Open Market
3.	Zahid Majeed	02-11-2022	Buy	500	120.90	CDC	Open Market
4.	Zahid Majeed	02-11-2022	Buy	700	120.99	CDC	Open Market
5.	Zahid Majeed	02-11-2022	Buy	198,400	121.00	CDC	Open Market
<b>Total</b>				<b>200,000</b>			

We confirm that the said transaction(s) will be presented in the subsequent board meeting including duly highlighted the non-compliance(s), if any, for their consideration as required under clause No. 5.6.4 of PSX Regulations and confirm the same to the Exchange.

We further confirm that holding period for the transaction(s) is over six (06) months and in case it is within six (06) months, the cheque equivalent to the profit shall be deposited with SECP as required under section 105 of the Securities Act, 2015 under intimation to PSX.

Thanking you,

Yours faithfully,

**FOR AND ON BEHALF OF**  
**NATIONAL FOODS LIMITED**

  
**FAZAL UR REHMAN HAJANO**  
**COMPANY SECRETARY**

**CC:**

1. Executive Director/HOD, Offsite-II Department, Supervision Division, Securities & Exchange Commission of Pakistan, Islamabad.
2. Head of Operations, Central Depository Company of Pakistan Ltd., Karachi.
3. Registrar, CDC Share Registrar Services Limited., Karachi.