



SHARE FOOD, SHARE LOVE

NFL/CORP/2024/45

FORM-29

The General Manager
Pakistan Stock Exchange Limited,
Stock Exchange Building
Stock Exchange Road
Karachi-74000

January 16, 2024

Subject: **Disclosure of Interest by a Director, CEO, or Executive of a Listed Company and their Spouses and the Substantial Shareholders u/s 5.6.4 of PSX Regulations**

Dear Sir,

We have to inform you that following transaction(s) have been executed by the Directors in shares of the Company, details of which are hereunder: -

		Details of Transactions					
S. No.	Name of Person with Description	Date	Nature	No. of Shares	Rate (Rs.)	Form of Share Certificates	Market
1.	Mr. Sagheer Ahmed	02-01-2024	SELL	1,000	148.10	CDC	Ready


We confirm that the said transaction(s) will be presented in the subsequent board meeting including duly highlighted the non-compliance(s), if any, for their consideration as required under clause No. 5.6.4 of PSX Regulations and confirm the same to the Exchange.

We further confirm that holding period for the transaction(s) is over six (06) months and in case it is within six (06) months, the cheque equivalent to the profit shall be deposited with SECP as required under section 105 of the Securities Act, 2015 under intimation to PSX.

Thanking you,

Yours faithfully,

FOR AND ON BEHALF OF
NATIONAL FOODS LIMITED


FAZAL UR REHMAN HAJANO
COMPANY SECRETARY

CC:

1. Executive Director/HOD, Offsite-II Department, Supervision Division, Securities & Exchange Commission of Pakistan, Islamabad.
2. Head of Operations, Central Depository Company of Pakistan Ltd., Karachi.
3. Registrar, CDC Share Registrar Services Limited., Karachi.