

NFL/CORP/2025/222
FORM-29

The General Manager
Pakistan Stock Exchange Limited,
Stock Exchange Building
Stock Exchange Road
Karachi-74000

December 16, 2025

Subject: Disclosure of Interest by the Director, CEO, or Executive of a Listed Company and their Spouses and the Substantial Shareholder/s u/s 5.6.4 of PSX Regulations

Dear Sir,

This is to inform that the following transaction(s) has been executed by **Independent Director**, in the shares of the Company.

Details of Transactions									
S. No.	Name of Person with Description	Date	Nature	No. of Shares	Rate (Rs.)	Form of Share Certificates	Market	Cumulative No. of Share(s)	Cumulative Percentage
1	Mrs. Aminah Zahid Zaheer	10-12-2025	BUY	10	400	Physical	N/A	10	0.00

Yours faithfully,

**FOR AND ON BEHALF OF
NATIONAL FOODS LIMITED**


FAZAL UR REHMAN HAJANO
COMPANY SECRETARY

CC:

1. Executive Director/HOD, Offsite-II Department, Supervision Division, Securities & Exchange Commission of Pakistan, Islamabad.
2. Head of Operations, Central Depository Company of Pakistan Ltd., Karachi.
3. Registrar, CDC Share Registrar Services Limited., Karachi.