



SHARE FOOD, SHARE LOVE

NFL/CORP/2023/0032

October 12, 2023

The General Manager,
Pakistan Stock Exchange Limited,
Stock Exchange Building,
Stock Exchange Road,
Karachi.

SUBJECT: BOARD MEETING

Dear Sir,

This is to inform you that the meeting of the Board of Directors of the Company will be held on Thursday, October 19, 2023 at 1:30 p.m. at Beach Luxury Hotel, Moulvi Tamizuddin Khan Road, Karachi- 74000 to consider the 1st Quarterly Accounts for the period ended September 30, 2023 for declaration of any entitlement.

The Company has declared the "Closed Period" from October 12, 2023 to October 19, 2023 as required under Clause 5.6.4 of PSX Regulations. Accordingly, no Director, CEO or Executive shall, directly / indirectly, deal in the shares of the Company in any manner during the Closed Period.

You may please inform the TRE Certificate Holders of the Exchange accordingly.

Yours faithfully,
FOR NATIONAL FOODS LIMITED



(FAZAL UR REHMAN HAJANO)
COMPANY SECRETARY

C.c. Head of Operations
 Central Depository Company of Pakistan Limited
 CDC House, 99-B, Block "B"
 S.M.C.H.S., Main Shakra-e-Faisal, Karachi 74000.

Faisal Iqbal / Legal

From: Corporate Secretary
Sent: Thursday, October 12, 2023 9:52 AM
To: Investor Relations
Subject: Closed Period

Dear All,

The meeting of the Board of Directors of National Foods Limited (the 'Company') will be held on Thursday, October 19, 2023 at 01:30 P.M. at Beach Luxury Hotel, Moulvi Tamizuddin Khan Road, Karachi- 74000.

Furthermore, the Company has determined period from October 12, 2023 to October 19, 2023 (both days inclusive) as "Closed Period" as required under Clause 5.6.4 of Pakistan Stock Exchange Regulations. Accordingly, no director, CEO or Executive of the Company shall directly or indirectly deal in the shares of the Company in any manner during Closed Period.

P.S. "Closed Period. The closed period shall start from the day when any document/statement, which forms the basis of price sensitive information, is sent to the board of directors and terminates after the information is made public."



Fazal ur Rehman Hajano
Company Secretary

12/CL-6, Claremont Road, Civil Lines, Karachi, Pakistan.

Tel: +92-21-36490029, +92-21-38402022 | www.nfoods.com

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